



# Orientation Package

EVIDENCE-BASED MEDICINE

*September 2020*

# Orientation Package

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## Welcome to “Evidence-Based Medicine”

Unlike other CCPE courses, this program’s evaluation is application-based. This means that you will NOT be evaluated on multiple concepts that you only have to memorize. Instead, you will be assessed on your comprehension of critical knowledge, and your ability to apply the concepts.

We invite you to take a long-term perspective in approaching this course. Don’t limit the outcome to passing the exam. Instead, approach it with the idea of understanding and applying the ideas to enhance business results. The knowledge and skills you acquire are only of value to you and your organization if you transfer them to the job. The final result is the value you bring to your customers and to yourself through your credibility.

As soon as you start the program, you will enhance your call preparation and ability to generate value through clinical reprints. You are likely to prolong the duration of some calls, and become successful sooner.

## Contents

Information you will find in this orientation package:

- General Information
- Study Guide
- Suggested Study Schedule
- Plan of Action
- Learning Tips
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- Detailed Instructions to Access Online Exam

## Fact Sheet

<b>Contents</b>	<b>Paper-Based Material</b>  <b>1 binder, 6 modules, 390 pages</b>
<b>Study Hours</b>	40 hours (based on a study rate 10 pages per hour)
<b>Timeline</b>	Exam must be completed within <b>6 months</b> of registration date
<b>Exam Dates</b>	You can to do your exam in the “ <b>MyCCPE</b> ” portal at any time (24 hours a day, 7 days a week) from registration until your final date. Technical support is <b>available Monday to Friday from 8:30 a.m. to 4:30 p.m. (Eastern Time)</b> . Your final date is posted in your portal.
<b>CEU Credits</b>	4
<b>Type of exam</b>	Application oriented (Includes a Clinical Reprint (PDF Document) to be used during the exam  100 questions, a mix of multiple choice and open-ended questions.
<b>Duration</b>	2.5 hours
<b>*Passing Grade</b>	75%*

\*Marks are NOT immediately available because this exam requires some manual correction. Official marks and feedback will be available on our website 10 working days after the exam.

## General Information

### *What's in it for me?*

- Healthcare professionals react to scientific evidence. It makes them consider their treatment protocols. By assimilating, understanding and applying the knowledge and concepts you learn in these modules, you will be able to carry on articulate, credible conversations with healthcare professionals which will “make them think”.
- Each continuing education course you take contributes to widening your knowledge, expanding your medical horizons and increasing your impact and employability.
- By successfully completing this course you will obtain 4 CEU credits (continuous education credits) and become a certified CCPE graduate.

## What is a PIN for?

You may wonder why you have a CCPE **PIN** (personal identification number). You can use it for identification and to secure confidential information about yourself in our database. For example, to access your exam on our website, you must enter your 6 digit **PIN**. If you have forgotten your **PIN**, also called “student number” (which can be found on the bookmark sent with your course material), please call CCPE customer service at **514 333-8362 (toll-free 1 888 333-8362) Monday to Friday from 8:30 a.m. to 4:30 p.m.** (Eastern) or send an email at [info@ccpe-cfpc.org](mailto:info@ccpe-cfpc.org) and we will contact you the next business day.

## Study Guide

This course was developed with your success in mind. The passing mark is 75%.

The paper-based material is supported by the following learning service:

- **Online preparation exam** - the goal of this preparation exam is twofold. First, it gives you a clear idea of the types of questions asked in the final exam. Second, it allows you to prepare for an on-line exam in a real situation. The preparation exam is available in your portal on CCPE website at all times. You can take it multiple times if you wish to practice using the system.

More than ever there is a need for higher standards of credibility and safety among health care professionals. As with the PAAB code of advertising, we can gain access and build credibility by promoting the scientific evidence of clinical support studies and third party proof sources.

Understanding and using clinical reprints and clinical research protocols are some of the key ingredients in a credible, evidence-based promotion in the pharmaceutical community.

**To take full advantage of this new generation of CCPE courses, delivered in a blended learning format, we suggest a specific learning path:**

1. Read all of the paper material, including the progress-check questions
2. Do a second reading of the paper material using 2-3 key clinical reprints of your choosing to complete the exercises. (We do not supply those reprints)

At this point you probably want to assess how much time you will need to dedicate to your learning and plan your study time for the next few weeks or months. Study time will vary from one individual to another depending on educational background, previous learning experience using similar material and, learning styles.

With an average study rate of 10 pages per hour (including review questions and the preparation exam) you are likely to require 40 hours of study.

## Suggested Study Schedule

**NOTE:** The following chart is ONLY A GUIDELINE for a study plan. Some students complete the course in a matter of hours.

**Please take special note** that the schedule was prepared for participants who have chosen to write their exam in the **FIFTH MONTH** of a given exam period.

From reception date of course material		Month 1	Month 2	Month 3	Month 4	Month 5	Month 6
Consider the importance and RELEVANCE of this educational program to you. Discuss with your supervisor if applicable.		X					
Set your personal GOALS before you start the program. Discuss with your supervisor if applicable.		X					
Preparation Exam		X					
Modules first reading	1	X					
	2	X					
	3	X					
	4		X				
	5		X				
	6		X				
Modules second reading				X			
Practical exercises					X		
Additional trial of Preparation Exam						X	
Review any areas of difficulty						X	
Final exam						X	
Last chance exam date							X

## Plan of Action

From reception date of course material	Month 1	Month 2	Month 3	Month 4	Month 5	Month 6
Adjust your working habits to apply your learning on the job	X	X	X	X	X	X
At every opportunity, SHARE ideas, challenges and successes relating to applying the concepts and skills learned in the program	X	X	X	X	X	X
Assess and reflect on the impact of this program on your business results	X	X	X	X	X	X
Ask your supervisor or coach to provide regular REINFORCEMENT for the knowledge and skills acquired through this program	X	X	X	X	X	X
If appropriate DISCUSS educational needs with your supervisor to further enhance your performance						X
Ensure that LEARNING objectives are included in your Professional Development Document and that all the objectives are reviewed on an annual basis						X

## Learning Tips

Your learning and development plan may include reading books, consulting web pages or attending a seminar. We recommend that you consider the following suggestions to optimize your learning and apply the knowledge you acquired into practical skills:

- Rather than reading an entire course, explore the table of contents to **assess which sections are most relevant to you. Read these sections first.**
- **Search for one insight** or application in everything you read. Draw conclusions and search for meanings relevant to your development.
- While reading, **highlight or bookmark sections** that you deem interesting or applicable to you. Consider creating a summary to help you convert knowledge into action the next day.
- **Be open to new ideas and innovations.** Assess how you can implement them in your own area. Refine your ideas by discussing them with colleagues.
- Build time into your schedule to **reflect on your learning and apply to your job what you have learned.** Your behaviour will not change simply because you have learned something from a book or training program. You have to consider what you will do and make time to implement it.
- **Keep your reading source handy** for quick reference as a means to improve your competencies.
- Always determine what you will do with your new information or insight. **Set a new goal and act on it.**
- After course completion, you may benefit from **discussing your ideas** and your action plan with a peer, a coach, a mentor, or your supervisor.
- **Choose learning experiences that are relevant** to your objectives and provide you with the best chance to practice and apply new information and skills.

## Action Planner

*Ideas I can implement:*

	<i>Idea</i>	<i>Action to be taken</i>	<i>Result expected</i>
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## Detailed Instructions to Access Online Exam

To access your CCPE Online Exam, please follow these easy steps.

1. Go to CCPE's homepage at [www.ccpe-cfpc.org](http://www.ccpe-cfpc.org)
2. Select "English" to write your exam in English.
3. You will need your 6 digit CCPE Personal Identification Number (**PIN**) to log on to the portal. If you do not know your **PIN** number, also called "student number," you can contact CCPE customer service at **514 333-8362 (toll-free 1 888 333-8362) Monday to Friday from 8:30 a.m. to 4:30 p.m.** (Eastern) or send an email at [info@ccpe-cfpc.org](mailto:info@ccpe-cfpc.org) and we will contact you the next business day.
4. At the top right, click on "**MyCCPE**" to open the portal homepage.
5. You will be asked for your "Username" and "Password". Enter your 6 digit CCPE Personal Identification Number (**PIN**) as your Username and then, your Password.
6. The exam consists of 100 questions (a mix of multiple choice and open-ended questions) You will have a time limit of 2 hours and 30 minutes to complete the exam. A timing device is visible for you to monitor the time limit.
7. When you open the exams, you will receive specific instructions. If you have a technical problem while taking the online exam, call the technical support at **514 333-8362 (toll-free 1 888 333-8362) Monday to Friday from 8:30 a.m. to 4:30 p.m.** (Eastern) or send an email at [support@ccpe-cfpc.org](mailto:support@ccpe-cfpc.org) and we will contact you the next business day.
8. Remember that once you open the exam on the Internet, **YOU MUST COMPLETE IT** or you will be considered to have failed by absence.
9. You have the possibility to navigate in your exam, but you are allowed only one (1) validation opportunity to a question. Remember, **selecting an answer and clicking "next" automatically validates an answer. So be sure of your answer before clicking on "next".**
10. The system permits you to **skip a question**. To skip a question, **leave all answer boxes empty and click on "next"**.
11. The Progress Bar located at the bottom of the screen displays **three distinct colours**: white (unanswered questions), grey (answered questions) and orange (current question). Clicking a question number displayed in white will allow you to answer the question. Please ensure that ALL questions are answered by scrolling the Progress Bar back and forth using the arrows at the extremities of the Progress Bar. Click on "VALIDATE AND EXIT" to complete the entire exam process.
12. **You will NOT be able to view your final mark** because the open-ended questions require manual corrections. The notation "not corrected" will appear on the screen.
13. Close your browser window; you have completed your exam! You will be able to view your final mark in 10 working days. At that time you will also be able to view the feedback for your exam by clicking "Solution".